

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Beef Meatballs in a Homemade Tomato Sauce with Pasta	Pizza Bar A Selection of Homemade Veggie Pizzas on a Wholemeal Base (v)	Roast Chicken with Roast Potatoes and Pan Gravy	Chicken Pitta with Steamed Rice	Fish Fingers and Chips
Roasted Vegetable Pasta Bake (v)	Chickpea and Spinach Curry with Rice (v)	Vegan Sausage with Roast Potatoes and Pan Gravy (v)	Vegetable and Bean Moroccan Tagine with Steamed Rice (v)	Veggie Fajitas and Chips (v)
Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Beef Bolognese and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese
Roasted Seasonal Vegetables	Sweetcorn Green Beans	Carrots Parsnips	Broccoli Roasted Peppers	Peas Baked Beans
Jelly with Fresh Oranges	Fruit Layer Slice	Raspberry and Coconut Flapjack	Pear Cake with Custard	Ice Cream and Fresh Fruit Platter

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Sausages with Mashed Potato and Onion Gravy	Macaroni Cheese (v)	Roast Chicken with Roast Potatoes and Pan Gravy	Diced Beef with Jollof Rice	Fish Fingers and Chips
Vegan Sausage with Mashed Potato and Gravy (v)	3 Bean Mild Chili non Carne with Rice (v)	Cheese and Potato Pie (v)	Sweet Potato and Lentil Dhal with Naan (v)	Cheese and Tomato Pinwheel with Oven Baked Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Beef Bolognese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Salmon Mayo
Cauliflower Green Beans	Broccoli Carrots	Roasted Root Vegetables	Sweetcorn Seasonal Vegetables	Peas Baked Beans
Fruit Jelly	Fruit Flapjack	Tropical Fruit Sponge and Custard	Fruit Shortbread	Ice Cream and Fresh Fruit Platter

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger with Potato Wedges	Chicken Tikka Curry with Rice	Roast Chicken with Mashed Potatoes and Pan Gravy	Veggie Bolognese with Pasta (v)	Fish Fingers and Chips
Veggie Burger with Potato Wedges (v)	Vegetable Chow Mein (v)	Lentil and Vegetable Shepherdess Pie (v)	French Bread Cheese and Tomato Pizza (v)	Cheese and Onion Pasty with Oven Baked Chips (v)
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Beef Bolognese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Pasta Bar with Tomato Sauce and Cheese	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Sweet Red Onions Sweetcorn	Parsnips Broccoli	Cabbage Carrots	Roasted Peppers Peas	Peas Baked Beans
Berry Fruity Jelly	Fruit Crumble with Custard	Golden Crispy Cake	Oaty Carrot Cake	Ice Cream and Fresh Fruit Platter

(v) Vegetarian option

Fresh seasonal salad and bread available daily.

Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.

Allergens

A gluten free and dairy free menu is available on request, please email allergens@ainp.co.uk please detail on the email, the name of the school your child will be attending. You will then be sent the Gluten or Dairy free menu for that school, you have to complete the menu choice and return to allergens@ainp.co.uk - should no menu be returned your child will not receive an allergy free menu. If your child has multiple allergies, please email allergens@ainp.co.uk and we will talk directly to you.

All our food is prepared in a kitchen where gluten and other allergens are present and our menu descriptions do not include all ingredients. We have a nut free policy in all of our kitchens. If you have a food allergy, please let us know before ordering. All allergen information is available on request from the kitchen.

Coconut

Coconut is not considered a nut and does not fall into the peanut or tree nut allergy categories. We do use coconut in our kitchens.