

# HASELTINE PRIMARY SCHOOL

Spring / Summer 2020



## WEEK 1

06/01, 27/01,  
24/02, 16/03

### Option 1

#### Monday.

Traditional Cottage Pie

#### Tuesday.

Cajun Chicken Pizza served with Chips

#### Wednesday.

Roast Chicken served with Stuffing, Roast Potatoes and Gravy

#### Thursday.

Turkey Meatballs in Tomato Sauce served with Spaghetti

#### Friday.

Fish Fingers or Salmon Fish Fingers served with New Potatoes

### Option 2 Vegetarian

Cheesy Tomato Pasta Bake

Cheese and Tomato Pizza served with Chips

Roast Quorn served with Stuffing, Roast Potatoes and Gravy

Three Bean Chilli Con Carne served with Steamed Rice

Vegetable Nuggets served with New Potatoes

### Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

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### Vegetables

Carrots  
Garden Peas

Baked Beans  
Garden Peas

Carrots  
Cabbage

Green Beans  
Carrots

Sweetcorn  
Green Beans

### Dessert

Ginger Cookie

Chocolate Ice Cream

Fruit Salad

Carrot Cake

Pineapple Upside Down Cake with Custard

## WEEK 2

13/01, 3/02,  
02/03, 23/03

### Option 1

#### Monday.

Jerk Chicken served with Steamed Rice

#### Tuesday.

Turkey Burger

#### Wednesday.

Minced Beef Hot Pot

#### Thursday.

Chicken and Tomato Pasta Bake

#### Friday.

Gluten Free Battered Fish served with Chips

### Option 2 Vegetarian

Macaroni Cheese

Bean Burger

Roasted Vegetable Gratin served with New Potatoes

Vegetable Stir Fry served with Steamed Rice

Cheese and Tomato Wheel served with Chips

### Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

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Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

### Vegetables

Sweetcorn  
Carrots

Baked Beans  
Garden Peas

Carrots  
Green Beans

Garden Peas  
Carrots

Cauliflower and Broccoli  
Garden Peas

### Dessert

Apple Crumble with Custard

Fruit Salad

Oaty Cookie

Chocolate Cornflake Cake

Orange Iced Sponge

## WEEK 3

20/01, 10/02,  
09/03, 30/03

### Option 1

#### Monday.

Beef Bolognese Pasta Bake

#### Tuesday.

BBQ Chicken and Sweetcorn Pizza served with Chips

#### Wednesday.

Roast Turkey served with Stuffing, Roast Potatoes and Gravy

#### Thursday.

Chicken Tikka Masala served with Steamed Rice

#### Friday.

Fish Fingers served with New Potatoes

### Option 2 Vegetarian

Vegetable Lasagne

Cheese and Tomato Pizza served with Chips

Sweet Potato Wellington served with Roast Potatoes and Gravy

Spinach, Potato and Chick Pea Curry served with Steamed Rice

Cheese and Onion Pasty served with New Potatoes

### Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

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Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

Jacket Potato with Grated Cheese

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw

### Vegetables

Sweetcorn  
Green Beans

Baked Beans  
Garden Peas

Sautéed Cabbage and Leek  
Carrots

Carrots  
Green Beans

Carrots  
Garden Peas

### Dessert

Flapjack

Chocolate Cookie

Orange Jelly

Fruit Salad

Apple Sponge with Custard

LOOK FOR THE SUGAR SHEET THESE MEALS ARE COMPLETELY FREE FROM ADDED SUGAR!



**radish**  
IT'S ALL GOOD

Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

THIS MENU SUPPORTS:

