

# HASELTINE PRIMARY SCHOOL

Spring 2018



## WEEK 1

1/1, 22/1, 19/2, 12/3

### Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Chicken Sausage served with Creamy Mashed Potato and Gravy	Organic Beef Bolognese Pasta Bake	Roast Turkey served with Stuffing, Roast Potatoes and Gravy	Moroccan Chicken with Apricots served with Cous Cous	Golden Fish Fingers served with Chips

### Option 2 v Vegetarian

Garden Pea Risotto <span style="color: green;">v</span>	Cheesy Potato Layer Bake <span style="color: green;">v</span>	Oven Baked Quorn Fillet served with Stuffing, Roast Potatoes and Gravy <span style="color: green;">v</span>	Vegetarian Sausage served with Creamy Mashed Potato and Gravy <span style="color: green;">v</span>	Winter Vegetable Frittata served with Chips <span style="color: green;">v</span>
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### Option 3

Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw	Jacket Potato with Grated Cheese, Tuna Mayo, Baked Beans or Coleslaw
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### Vegetables

Garden Peas Carrots	Sweetcorn Broccoli	Butternut Squash Green Beans	Carrots Sweetcorn	Garden Peas Baked Beans
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### Dessert

Pear and Forest Fruit Crumble with Custard	Cherry Shortbread	Chocolate Brownie	Peach Crunch Tart with Custard	Carrot and Pineapple Cake
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## WEEK 2

8/1, 29/1, 26/2, 19/3

### Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
BBQ Chicken & Sweetcorn Pizza served with Herby Diced Potatoes	Honey and Soy Glazed Salmon served with Egg Noodles	Roast Chicken served with Stuffing, Roast Potatoes and Gravy	Traditional Organic Beef Cottage Pie	Crispy Battered Fish served with Chips

### Option 2 v Vegetarian

Cheese & Tomato Pizza served with Herby Diced Potatoes <span style="color: green;">v</span>	Macaroni Cheese <span style="color: green;">v</span>	Sweet Potato and Lentil Wellington served with Roast Potatoes <span style="color: green;">v</span>	Mixed Bean Chilli Con Carne served with Steamed Rice <span style="color: green;">v</span>	Chick Pea, Mixed Pepper and Sweetcorn Quesadilla served with Chips <span style="color: green;">v</span>
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### Option 3

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### Vegetables

Green Beans Sweetcorn	Sweetcorn Garden Peas	Roasted Root Vegetables Steamed Cabbage	Cauliflower Carrots	Garden Peas Wholewheat Spaghetti Hoops
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### Dessert

Spiced Date Bar	Apple and Cinnamon Crumble Slice with Custard	Orange Jelly with Mandarins	Fruity Sponge with Custard	Vanilla Ice Cream
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## WEEK 3

15/1, 5/2, 5/3, 26/3

### Option 1

Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Minced Organic Beef and Potato Hot Pot	Turkey Meatballs in a Rich Tomato Sauce served with Spaghetti	Roast Beef served with Yorkshire Pudding, Roast Potatoes and Gravy	Chicken Tikka Masala served with Mango Chutney and Steamed Rice	Golden Fish Fingers served with Chips

### Option 2 v Vegetarian

Vegetable Biryani <span style="color: green;">v</span>	Vegetarian Mince Pie served with New Potatoes <span style="color: green;">v</span>	Vegetable Sausage served in a Yorkshire Pudding with Roast Potatoes and Gravy <span style="color: green;">v</span>	Roasted Mediterranean Vegetable Pasta Bake <span style="color: green;">v</span>	Cheesy Quorn and Pesto Slice served with Chips <span style="color: green;">v</span>
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### Option 3

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### Vegetables

Broccoli Sweetcorn	Carrots Peas	Roast Parsnips Green Beans	Carrots Sweetcorn	Garden Peas Baked Beans
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### Dessert

Oaty Biscuit	Pineapple Upside Down Cake with Custard	Apricot Flapjack	Cherry and Apple Pie with Custard	Iced Chocolate Sponge
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Salad Bar, Yoghurt and Fresh Fruit are available daily



We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

